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## ALAMEDA COMMUNITY SAILING CENTER

Please see Alameda Community Sailing Center's 2020 Programming Policies and Healthy Sailor Agreement below, which have been put in place to help keep our sailors, staff, and community safe. We've outlined the new program structure so that you know what to expect from us and what we will be expecting from you.

### **2020 Program Policies**

#### **Registration:**

- A "Healthy Sailor Agreement" has been developed specifically to address Covid-19 safety protocols.
- During the registration process, parents/guardians, participants, and staff must sign the "Healthy Sailor Agreement."

#### **Healthy Sailor Screening:**

- Before entering the site, participants and staff must pass a daily "Healthy Sailor Screening," which includes:
  1. A no-touch forehead temperature scan showing a temperature below 100°F
  2. Symptom screening questions demonstrating the absence of fever, cough, soreness, chills, repeated shaking with chills, muscle pain, sore throat, diarrhea, stomach cramps, vomiting, or new loss of taste or smell in the previous 48 hours.
    - Children or staff members who are sick with other illnesses that meet the usual exclusion criteria should also stay home.
  3. Contact screening ensuring that in the previous 14 days there has been no contact with anyone who has tested positive for Covid-19 or, in the absence of test results, anyone for whom there is strong clinical suspicion of Covid-19.
  4. Check for a properly fitting face-covering
    - a. Participants are required to bring their own face-covering.
- Pass/fail of the Healthy Sailor Screening is tracked daily on the sign-in sheet.
- Staff will stand 6 ft. away while conducting the screening except for while taking temperature.

#### **Screening Failures:**

- In the event that a participant or staff member fails the Healthy Sailor Screening, we will follow the protocols outlined in the *Alameda County Public Health Department Protocols for the Onset of Symptoms, Close Contact with an Individual Testing Positive for Covid-19 in a School, Childcare Setting or Extracurricular Setting*. <https://Covid-19.acgov.org/Covid19-assets/docs/childcare-schools-colleges/positive-case-process-protocol-for-childcare-cases-2020.08.07.pdf>
- While in the program, if a participant shows signs of respiratory illness (a new cough, complaints of sore throat, or shortness of breath), a fever of 100°F or above, they will be safely isolated with a staff member, and be sent home as soon as possible.



### **Program Structure:**

Changes to program structure and operations have been adopted from the *Alameda County Public Health Department Guidance and FAQ for Camps and Youth Extracurricular Programs*. <http://www.acphd.org/media/575305/acphd-Covid-19-summer-camp-guidance.pdf>

- No non-participants (parents/guardians) will be permitted on site. Pick-up and drop-off will be “curbside.”
- Each class group, or cohort, will consist of seven participants and two staff members.
- There will be multiple cohorts on site with no interaction between them and no mixing of staff or participants between cohorts.
- Each cohort has a designated outdoor “classroom” space, which will remain the same for the full session.
  - Within the classroom space, each participant has a designated area where they and their belongings will remain for chalk talks and lunch/snack breaks.
- Games will be played within the cohort with no shared equipment.
- Participants will use individually assigned single-handed boats.
- To avoid a crowd on site, there will be staggered drop-off/pick-up, launching/landing, and lunch/break times.

### **Daily Camp Operations:**

- Staff and participants must wear face-coverings on land.
  - While sailing, participants will leave face-coverings on shore or with a staff member.
- Handwashing/sanitizing breaks will occur at least as often as water/sunscreen breaks.
- No food or drink sharing is permitted and water bottles must be clearly labeled with the participant’s name.
- Dressing rooms may be entered one person at a time.
- Hands must be washed before *and* after entering the porta potties.

### **Site Sanitization:**

- Staff will sanitize all regularly touched surfaces daily, using CDC guidelines. [https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fdisinfecting-building-facility.html](https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fdisinfecting-building-facility.html)
- Staff will sanitize the porta potties each morning, mid-day, and afternoon.



**Alameda Community Sailing Center**  
**Healthy Sailor Agreement**

The Bay Area is currently affected by the Covid-19 pandemic. Covid-19 is extremely contagious and is believed to be spread from person-to-person contact and/or contact with infected surfaces. Pursuant to the appropriate governmental authorities allowing Alameda Community Sailing Center (ACSC) to operate, ACSC is implementing measures to reduce the potential spread of Covid-19 among participants and employees. These procedures require that you agree that you and the participating children will be bound by ACSC specific rules and guidelines when attending a camp. By signing below, I agree and acknowledge:

1. **AUTHORITY TO BE BOUND.** I represent that I have the authority and capacity to contract on behalf of my participating children and hereby do so.

2. **AGREEMENT TO FOLLOW ACSC'S RULES & GUIDELINES AND GOVERNMENT ORDERS.** I agree that I and the participating children will follow ACSC's rules and guidelines when participating in any camp or using its facilities and equipment and when interacting with the employees. These rules may involve maintaining social distancing, wearing a face mask, washing or disinfecting hands upon entering the facilities, daily temperature checks, screening questions and the like. I understand that ACSC's rules and guidelines regarding Covid-19 may change over the course of time and ACSC will post its rules on its website. I and the participating children will follow ACSC's then-current rules.

3. **ASSUMPTION OF RISK.** Notwithstanding ACSC's efforts to prevent the spread of Covid-19, I understand the risks and hazards of Covid-19 and that using ACSC's facilities and equipment may result in exposure to or infection by Covid-19, and I willingly choose to have the participating children take part in Summer Camp activities at ACSC.

4. **AGREEMENT TO ABSTAIN.** I agree that neither I nor the participating children will be physically present at a camp or use ACSC's facilities or equipment if any of the following has occurred:

(a) I or the participating children are sick with or I believe any of us has Covid-19 or any other infectious disease;

(b) Either I or the participating children have been exposed, in the 14 days before physically being present at a camp to someone with Covid-19 or to someone who suspects they have Covid-19;

(c) I or the participating children have a fever 100°F or above.

(d) I or the participating children have experienced fever, cough, soreness, chills, repeated shaking with chills, muscle pain, sore throat, diarrhea, stomach cramps or



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vomiting or new loss of taste or smell in the 48 hours prior to being present at a camp or otherwise using the facilities or equipment;

(e) I or the participating children have traveled internationally in the 14 days before being present at a camp or using the facilities or equipment; or

(f) I or the participating children have been in contact with someone who has traveled internationally in the 14 days before being present at a camp or otherwise using the facilities or equipment.

5. AGREEMENT TO INFORM. I agree to immediately notify ACSC Program Director if, within 14 days after being physically present at a camp or having otherwise used the facilities or equipment, I or the participating children are diagnosed with or I believe I or the participating children have Covid-19 or any other infectious disease. In such case, I and the participating children will cooperate with ACSC and/or the authorities to identify all people at ACSC with whom I or the participating children may have come in physical contact and identify all areas at ACSC where I or the participating children were physically present.

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Participant Name (Printed)

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Parent/Guardian Name (Printed)

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Parent/Guardian Signature

Date